## Practice Tips A to Z Dr. Michael Dean Selected Bibliography: Books, etc.

- Bonade, Daniel. Clarinetist's Compendium. Kenosha, WI: Leblanc Publications, 1962.
- Boyk, James. <u>To Hear Ourselves as Others Hear Us: Tape Recording as a Tool in Music Practicing and Teaching</u>. St. Louis: MMB Music, 1996.

[This book and the following one by Bruser are both reviewed by Guy Urban in the *College Music Symposium*, Volume Thirty-Nine 1999 (the Journal of the College Music Society), pp. 154-161.]

- Bruser, Madeline. <u>The Art of Practicing</u>. New York: Bell Tower, 1997. See annotation on Boyk above.
- Burke, Kelly. <u>Clarinet Warm-Ups</u>. Medfield, MA: Dorn Publications, 1995.

  Includes excellent pre-playing warm-ups (shoulders, arms, wrists, etc.) that can help reduce/prevent pain and injuries.
- Cipolla, John. "Performance/Practice Tips." from www.johncipolla.com website: under "Tips" section.

  Excellent tips from former Broadway woodwind doubler who now teaches at W. Kentucky U.
- Dean, Michael. <u>Clarinet On Campus: Catalogue of Results From a Survey of Clarinet Teachers at Colleges and Universities in the United States</u>. Cedar City, UT: LMB Resources, 1997.

  Base results from a 1995 survey of clarinet professors (400 responded) on the state of clarinet

Base results from a 1995 survey of clarinet professors (400 responded) on the state of clarinet instruction in the USA. Includes information on expected practice hours from college students. Available from the author at www.michaeldean.ws.

- Lieberman, Julie Lyonn. You Are Your Instrument: The Definitive Musician's Guide to Practice and Performance. New York: Huiksi, 1991.
- Marsalis, Wynton. *Marsalis on Music: Tackling the Monster*. New York: Sony, 1995. (**video**)

  Wynton Marsalis (with Yo-Yo Ma) presents a practical and fun look at practicing. Also has performances by Marsalis, Ma and others. Excellent for studio classes, etc.
- Mauk, Steven. <u>Saxophone Warm-Ups</u>. Medfield, MA: Dorn Publications, 1993. Similar to Burke above.
- Russianoff, Leon. <u>Clarinet Method</u>, Book I. New York: Schirmer Books, 1982.

  First of two books containing lessons for intermediate and advanced clarinetists by a famous clarinet teacher. Chapter 5 (pp. 54-73) is on the "Counting Aloud Technique."

  Unfortunately, <u>out of print</u>. Available at many university libraries [use interlibrary loan].
- Snitkin, Harvey R. <u>Practicing for Young Musicians: You Are Your Own Teacher</u>, Revised and Expanded Edition. Niantic, CT: HMS Publications, 1997.
- Taylor, Livingston. <u>Stage Performance</u>. New York: Pocket Books, 2000.

  Lively book on the realities of performing by a working folk musician (the brother of James Taylor). Based on lectures given by the author in a popular course offered at the Berklee College of Music in Boston.
- Werner, Kenny. <u>Effortless Mastery: Liberating the Master Musician Within.</u> New Albany, IN: Jamey Aebersold Jazz, 1996.

  Widely read and much discussed book. Much reference to spirituality and psychology. Includes a
- CD of meditation exercises.

  Wilson, Frank R.Mind, Muscle and Music: Physiological Clues to Better Teaching. Walnut Creek, CA:Selmer,1981.
- Wilson, Frank R. <u>Tone Deaf & All Thumbs? An Invitation to Music-Making</u>. New York: Vintage Books, 1987 [originally published, in hardcover, by Viking Penguin, Inc., in 1986].

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## **Selected Bibliography: Articles**

- "Clarinet Symposium: Tips For Students," <u>Woodwind Anthology: A Compendium of Woodwind Articles from The Instrumentalist</u>, Vol. 2. Northfield, IL: The Instrumentalist Publishing Co., 1992, pp. 334-336.

  Concise comments from 5 famous clarinetists: Stanley Hasty, Loren Kitt, Robert Marcellus, Louis Paul, and Leon Russianoff.
- Combs, Larry. "How To Practice Effectively," <u>Woodwind Anthology: A Compendium of Woodwind Articles from The Instrumentalist</u>, Vol. 2. Northfield, IL: The Instrumentalist Publishing Co., 1992, pp. 385-387.
- Fitzgerald, Bernard. "A Summer Study Plan," <u>Brass Anthology: A Compendium of Brass Articles from The Instrumentalist</u>. Evanston, IL: The Instrumentalist Co., 1984, pp. 17-18.
- . "The Daily Practice Routine," <u>Brass Anthology: A Compendium of Brass Articles from The Instrumentalist</u>. Evanston, IL: The Instrumentalist Co., 1984, pp. 11-12.
- Gippo, Jan. "The Practice Plan," <u>Woodwind Anthology: A Compendium of Woodwind Articles from The Instrumentalist</u>, Vol. 1. Northfield, IL: The Instrumentalist Co., 1999, pp. 516-517.
- Heinen, Julia, "The Comprehensive Warm-Up," <u>Selected Clarinet Masterclasses From The Editors of WINDPLAYER</u>. Malibu, CA: WINDPLAYER Publications, 1998, pp. 2-3.
- Hoffren, James. "Brass Players Need a -- Daily Practice Routine," <u>Brass Anthology: A Compendium of Brass Articles from The Instrumentalist</u>. Evanston, IL: The Instrumentalist Co., 1984, pp. 243-244.
- Keram, Beatrice. "The Flutist's Daily Warm Up," <u>Woodwind Anthology: A Compendium of Woodwind Articles</u> <u>from The Instrumentalist</u>, Vol. 1. Northfield, IL: The Instrumentalist Co., 1999, pp. 326-327.
- Kireilis, Ramon. "The Practice of Practicing," <u>Woodwind Anthology: A Compendium of Woodwind Articles from The Instrumentalist</u>, Vol. 1. Northfield, IL: The Instrumentalist Co., 1999, pp. 893-894.
- Kirk, Mark, "A Practice Session to Make Your Fingers Bleed," <u>Selected Saxophone Masterclasses From The</u> Editors of WINDPLAYER. Malibu, CA: WINDPLAYER Publications, 1998, pp. 20-21.
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- Neilson, James. "How to Make the Most of PRACTICE TIME," <u>Brass Anthology: A Compendium of Brass Articles from The Instrumentalist</u>. Evanston, IL: The Instrumentalist Co., 1984, pp. 63-65.
- Norton, Donald B. "A Daily Approach to Playing the Clarinet," <u>Woodwind Anthology: A Compendium of Woodwind Articles from The Instrumentalist</u>, Vol. 2. Northfield, IL: The Instrumentalist Publishing Co., 1992, pp. 220-221.
- Spring, Robert. "Practice Techniques," <u>WINDPLAYER</u>, # 64. Beverly Hills, CA: WINDPLAYER Publications, [2002], p. 34.
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- Zucker, Laurel. "A Warm Up That Works," <u>WINDPLAYER</u>, # 61. Beverly Hills, CA: WINDPLAYER Publications, [1999], p. 37.
- Zukovsky, Michelle. "Practicing Between Lessons," <u>WINDPLAYER</u>, # 60. Beverly Hills, CA: WINDPLAYER Publications, [1999], p. 40.